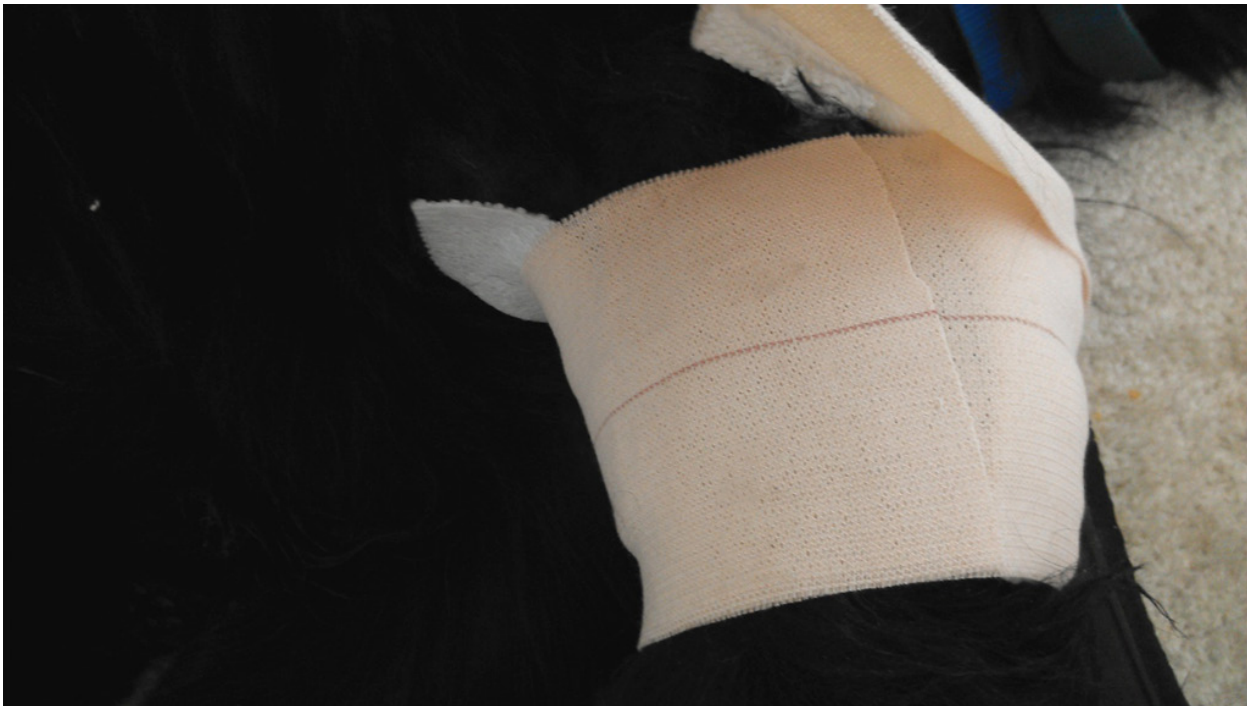




7/18/13 8:30 a.m.

Left elbow. Right elbow nearly healed; reopened deep area by scratching. Had used brown salve, expedited healing, tissue was filling in, getting smooth. He scratched again, leaving the “dog ear” marks above.

Bandaging elbows:



1. Wound area cleaned with chlorhexidine solution. Accelerator sprayed onto wound. Several folds of cast packing with mupirocin ointment, Accelerator, zinc oxide A+D, Neosporin applied to wound. Covered by 4" wide Elastikon bandaging material (adhesive backed fabric bandaging). First wrap is around arm below elbow. A single layer of cast packing is cut and applied over area irritated by adhesive removal, with part sticking above Elastikon to reduce irritation at fold of elbow. Bandaging must **not** be snug. Any restriction will lead to poor circulation, which will result in reduced wound healing. Limb swelling may occur from excessive pressure. Adhesive will leave tacky residue, but will hold pad in place.



2. Second piece of Elastikon applied in U-shape from inside of elbow across back of elbow and back down toward arm.



3. Using cotton/polyester mens socks (8 pk from Sam's), cut toe off. Cut part of cuff away to reduce bunching and pressure at bend of forearm. Cut opening at inside rear of elbow area for belly strap.



4. Work sock up onto forearm, inside out. Cover lower edge of Elastikon bandage, then work the rest of the sock into place. The sock will add cushion and keep the bandaging in place should he scratch. The fit will seem tight, but once all is in place, it should fit with sufficient stretch, without putting too much pressure on the arm.



5. The extra cast packing will fold down and help reduce irritation from the bandaging.



6. Using a belly band from a harness, also available as luggage straps, lace the strap through the opening that was cut into the back of the sock.

Note: The Sam's quarter socks work well. Crew socks may also be used if the top is cut down. (The top band of a crew sock is too tight.) Some brands may be tighter than others, and the socks need to fit closely without too much pressure. For most Newfs, a mens' sock should fit well enough, but for some a larger sock may be needed.